

# WOMEN'S SPIRITUAL ENRICHMENT DAY

Saturday, January 19, 2019 from 9:00 a.m. to 3:00 p.m.

## "Growing Strong in Broken Places"

In Dempsey Hall on the Crane Road Campus

Every now and then it is good to slow down and allow the Lord to renew our faith lives. All women of the parish and their friends are invited to participate in this "retreat" day to make connections between faith and everyday life through some talks and discussion. You will also be able to meet some of your fellow parishioners in a relaxed atmosphere. Along with Msgr. Knox, our speakers are all parishioners who will be sharing some of the wisdom they have gained on life's journey. We also have a nice lunch planned. Please register as soon as possible [by January 11] and invite family and friends to join you!



The schedule for the day is as follows (brief discussion time after talks):

- 9:00 a.m.** Gathering for Opening Prayer with Msgr. Steve, coffee and light breakfast
- 9:30 a.m.** **"The Faith Journey: Important Life Lessons I Have Learned Along the Way" — Angelina Beaudion**  
This talk will help us reflect on our own faith journey. God has much to teach us in the good times of life and during the tough times. The presence of the Lord brings us hope and strength, and helps us bring that hope to others.
- 10:30 a.m.** Break
- 10:45 a.m.** **"The Importance of Faith, Hope and Prayer in Dealing with the Storms of Life — Diana Soltess**  
Sooner or later, we encounter the "storms" of life. It could be sickness, relational problems, discouragement or some other struggle. From personal experience, Diana will reflect on the importance of prayer, faith in God, and community as keys for a healthy spirituality.
- 11:45 a.m.** Lunch
- 12:45 p.m.** **"Spiritual Practices that Keep Us Strong on the Journey"— Nancy Kuhn**  
If we're going to be long distance runners on the journey of life, there are practices and disciplines that need to be developed to keep us strong in the Lord. Nancy will provide some practical spiritual guidance that will enhance our spiritual growth.
- 1:15 p.m.** Quiet Time with Scripture
- 2:00 p.m.** **"What Did Jesus Teach About Forgiveness and Reconciling With Others?"— Msgr. Steve Knox**  
Jesus had some challenging things to say when it comes to forgiveness issues and the importance of having a spirit of reconciliation. Msgr. will reflect on Jesus' teachings and how we can more fully incorporate them into our lives.
- 2:45 p.m.** **Closing Prayer and Reflection— Msgr. Steve Knox**

**Questions?** Please contact, Jenny at **630-338-8013** or e-mail [jhansen@stpatrikparish.org](mailto:jhansen@stpatrikparish.org). **To Register** please fill out the form below and drop it in the collection basket in an envelope marked "Women's Day", along with your check for \$10, payable to "St. Patrick Church" for lunch and materials, or drop it off at the parish office between 8 a.m. & 4 p.m. or mail it to: **St. Patrick Church Women's Day, 6N487 Crane Road, St. Charles, IL 60175**

### Women's Spiritual Enrichment Day Registration

**Yes, Sign me up for the Women's Spiritual Enrichment Day, Saturday, January 19, 9:00 a.m. — 3:00 p.m.**

Please Print Neatly

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home or Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Please include \$10 Registration Fee. Thank you!**